



A vertical graphic on the left side of the page. It features the word 'EVOKE' written vertically in large, stylized letters. The letters are white with a gradient of colors (orange, yellow, blue) and are set against a background of a sunset over a forest.

## You Are Invited To Our New York Parent Support Group On Thursday, December 7th!



Please join Dr. Brad Reedy in NYC for an evening of healthy support and guidance from 7:00 - 9:00 pm on Thursday, December 7th

**CUNY**  
**365 Fifth Avenue**  
**New York, NY 10016**  
**Room 9206**

The topic of discussion will be Parent Coaching and Mindfulness: What does it mean to be mindful in parenting? Dr. Reedy will discuss how a mindful practice creates a healthier parenting practice, reduces anxiety, and helps us show up with more courage.

[Please click here to RSVP.](#)

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