



## Research and Notable Publications at Evoke Therapy Programs

We believe program evaluation and research are essential to providing optimal services. Since 2008, we have conducted research to assess treatment outcomes for adolescent and young adult clients. In addition to our independent research projects, we participate in research with NATSAP and the OBH Council, as well as collaborate with researchers at universities throughout North America. Our research is published in peer-reviewed, professional journals and presented at conferences such as the American Psychological Association and the National Association of Therapeutic Schools and Programs.

## What Our Research Shows

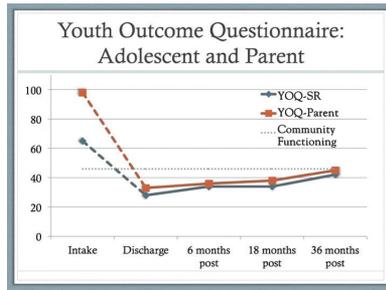
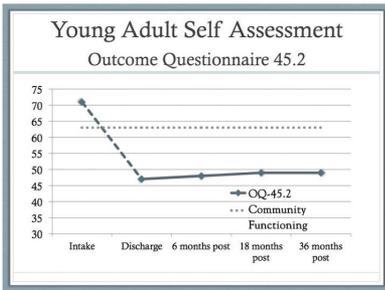
**Evoke clients make statistically and clinically significant change during the program**

At intake, adolescent clients, their parents, and young adult clients all report acute levels of dysfunction of the client, similar to clients at in-patient treatment settings. At discharge, clients and parents report significant changes with healthy levels of functioning, fewer emotional struggles, increased hopefulness, and more success in their relationships. Clients also show significant improvement in overall motivation, life skills, interpersonal relationships, hope, self-confidence, and emotional control.



## Clients maintain improvements 3 years after leaving Evoke

Our follow-up research shows, clients maintain practical and noticeable differences, are able to generalize the skills they learned, and return to a community level of functioning. These exciting results validate the overwhelming positive anecdotal testimonials we have received over the years from parents and their adolescent and adult children. Evoke is committed to evaluating outcomes, and is the only wilderness program completing a 3 year follow-up with their participants.



Report data refers to *The Youth Outcome Questionnaire (YOQ)* and *Outcome Questionnaire (OQ45.2)* which are well-tested questionnaires and designed to measure change over time in regards to behavioral difficulties, depression, anxiety, interpersonal relations, and other psychological difficulties.

## Notable Publications by Evoke Therapy Programs

Roberts, S., Stroud, D., Hoag, M. J., & Massey, K. E. (2017). Outdoor Behavioral Health Care: A Longitudinal Assessment of Young Adult Outcomes. *Journal of Counseling and Development*, 95, 45-55.

Combs, K. M., Hoag, M. J., Roberts, S., Javorski, S. (2016). A multilevel model to examine adolescent outcomes in Outdoor Behavioral Healthcare: The parent perspective. *Child & Youth Care Forum*, 45, 353-365.

Reedy, B. (2015). *Journey of the heroic parent: Your child's struggle and the road home*. S.L.: Regan Arts.

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